

Spring Fling Special

The romance of spring fills the air at Vintage Gardens Bed & Breakfast! Enjoy a walk in the gardens among beautiful flowers and songbirds. Visit one of the Finger Lakes many beautiful parks or take a hike along the Erie Canal. If it is Bird Watching or Waterfalls you seek, we will supply a list of the many falls in the areas and we'll supply the binoculars!

And... shop your heart out at Waterloo Premium Outlets featuring 100 designer and name brand stores with everyday savings of 25% to 65%. And spend a second day shopping at Eastview Mall a super-regional shopping center.

Or... Spend some time to relaxing read a book by the fire or take a nap. You will stay in a lavish room with a pillow top mattress, white linens, luxurious bathrobes and a great view of the gardens. You will enjoy fresh baked cookies at night and a gourmet breakfast when you wake. Your package includes:

Lodging in one of our **elegant rooms**, **A special treat** to take while you are exploring the Finger Lakes region, A special passport for tastings at **local wineries**

Specials passport at **local wineries**, **Waterloo Outlets** VIP pass for great savings copon, Local maps and Information on **area attractions**.

One night reservations welcome!
Rooms from \$115 through \$165 per night, double occupancy.

Available March 1 through May 31, 2017

HIKE OR BIKE

THE ERIE CANAL

One night bookings welcome

Finger Lakes cheese plate
Your own Let's Go Hike and Bike the Finger Lakes trail cards with maps, directions, and more if what to do in the Finger Lakes!

Secure storage for your bikes,
A nutritious snack for your journey,
And you can park your car at Vintage Gardens for up to one week!
Call for to make your reservation!

*Hike and Bike Special available
April 1st - October 31st, 2017*

Call Today
877-331-6045



NEWS

SPRING-SUMMER 2017

Waterfalls in the Finger Lakes

Upstate New York is filled with beautiful lakes, parks and many natural wonders. Most everyone has heard of one of its most popular. Niagara Falls. Did you know that the region boasts hundreds of other waterfalls. Many located here in the Finger Lakes region. Among the most scenic are Taughannock Falls. It is located eight miles north of Ithaca on NY Route 89 on the Westside of Cayuga Lake. The falls drop 215 feet and is the highest free flowing waterfall in the US northeast. You can experience it by gazing across the canyon from the parks lookout or you can hike the 3/4

mile scenic trail through the gorge to the base of the falls. Spend the day climbing the stairs of Watkins Glenn State Park located at the southern tip of Seneca Lake off NY Route 14. The historic glen is know for its many waterfalls, reflecting pools and beautiful stone features. Often called the "Grand Canyon of the East" Letchworth State Park is 35 miles southwest of Rochester is known for its expansive 14,000 acres of natural beauty as the Geneese river winds through the parks and features three of the most spectacular waterfalls in the

region. See more about falls at <http://www.trails.com>



Food Glorious Food

We are committed to using local, sustainable food raised right here in Western New York. Locally made maple syrup, fresh farm raised



fruits and vegetables and herbs grown in our own garden allow us to contribute to our community and make our gourmet breakfasts taste great!



www.VintageGardensBandB.com

Vintage Gardens Bed & Breakfast

310 High St. Newark, New York 14513

The Colors of the Season



STRAWBERRY UPSIDE DOWN CAKE

Pre-Heat the oven to 350.
2 Tablespoons butter (for the topping)
1/2 Cup Brown Sugar
1 Cup of Sliced Strawberries
1/4 Soft Butter (for the cake)
1 1/3 Cup All-Purpose Flour
2 Teaspoons Baking Powder
2/3 Cup Sugar
2/3 Cup of Milk
2 Egg Whites
1/2 Teaspoon Vanilla
1/2 Teaspoon Almond Extract

Line bottom of a 9 inch round cake pan with parchment paper, spray sides of pan with baking spray, melt 2 table-
spoons of butter in a sauce pan and
drizzle over parchment, sprinkle with
brown sugar, add sliced strawberries,
and then set it to the side.
In a mixing bowl sift flour, sugar and
baking powder together. Then add the
milk, butter, egg whites, vanilla and
almond extract. Mix with a mixer until
smooth. Gently pour batter over the
strawberries in the cake pan.
Bake in the oven at 350 for 30 to 40
minutes. When done, remove from the
oven and cool for 10 minutes. Remove
from pan by flipping over onto a
serving plate. Serves 8



Flora and Fauna



Vintage Gardens is a historic property that offers picturesque garden areas feature manicured lawns, a formal rose garden with fountain, woodlands and a Pergola. Many special places to enjoy and relax during your stay!



Events in the Finger Lakes

Wine lovers spend some time visiting one of the many wine trails in the area and be the first to taste some of their new releases! The Finger Lakes region has long been a favorite place for bird



watching. A variety of water fowl and backyard varieties combined with great natural settings make for a day of great

fun. Plan to attend one of these exciting events. Rochester Lilac Festival May 12th through 21st at Highlands Park, It's 10 days of free activities and great smelling flowers! Sonnenberg Gardens and Mansion State Park is also a great

outing. Rochester International Jazz Festival June 23rd through July 1st

If you haven't been to this event, it is a must not miss and it lasts all week long. See our specials for seasonal discounts or ask us about designing a special itinerary and package just for you!



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